



Upriver to Morning

A JOURNEY TO WISDOM

by Tish McFadden

Cultural • Environmental • Bilingual • Educational

Lesson Topics and Ideas

Developed by Kris Kibbee & Tish McFadden

Water Cycle

Watershed

Viscosity

Animals

Animal Habitats

Animal, Bird, and Fish Body Coverings

Animal Shapes and Effectiveness

Interdependence

Food Chains

Plants

Transpiration and Capillary Action

Sound Waves

Friction

Resistance

Movement and Speed

Wind

Energy

Costal and Tidal Zone Ecosystems

River Ecosystems

Salmon Life Cycle

Celestial Bodies and Movement

Constellations

Seasonal Cycles

Sleep cycles - i.e. Compare and Contrast Coyote and Salmon

Volcanoes

Earthquakes

Different Types of Rocks

Personal Narrative Genre

Family Memories and Histories

Grandparent Oral Histories

Your Innate Gifts (AKA your superpowers)! What Special Qualities does each Character possess? What Special Powers do YOU possess?

Imaginative Genre

Myths

Personification, ie: Rock Old Woman, Grandmother and Grandfather Cedar

Parallel Structure

Alliteration

Foreshadowing

Readers' Theater

Dance, Theater, and Storytelling

Music – Origins, Importance, Integration

Instruments

Create Lyrics or Songs to fit the Stories

Create Music that Sounds like... Water, Rain, Hiking, Climbing, Swimming, Flying...

Journey Preparation

Solitary Travel vs Group Travel

Shelters

Modes of Travel, Locomotion with Fins, with Feet, with Wings, etc.

Play

Helpfulness

Respect

Friendship

Reciprocity

Choices, Impact on Yourself and Others

Kindness

Gratitude

Perceptions of Others

Forgiveness

Truth

Geography and Landforms

Make a Map of the Travelers' Journey

Art

Character Mask Making

Create Dioramas of Stories

Draw Illustrations for Stories during Read-Aloud, or after having Read them

Draw Examples of what Characters are Thinking in a Specific Moment

Native American Teachings, Timeless and Universal

Respect for Ancestors and their Teachings

Native American Uses of Indigenous Plants — Nutritional Aspects,
Medicinal Aspects, and Utilitarian Aspects

Cultural Awareness

Native American Concept of the All-Encompassing Aspects of Duality, ie:
The Dragonfly Brothers

Native American Sacred Uses of Water